

# **“You *don't* have to suffer with your prostate - even if you *are* British!”**

**You can experience the same relief as French, German and Italian men - and say goodbye to those embarrassing bladder problems for ever**

Being British can be a handicap when it comes to prostate health.

You see, European doctors come from a different tradition. Sure, they use drugs just like British GP's. But they don't feel inhibited when it comes to herbal and nutritional treatments.

If these work as well or even better than drugs; if they are safe, with no bad side effects, they have no hesitation in prescribing them.

In fact, prostate disorders respond so well to natural remedies, that over 90% of doctors in Germany and Italy recommend them. And 81% of prostate patients in France receive a prescription for them.

They do so because they work. They are proven to work, as this special report will demonstrate.

Though medically approved throughout Europe, UK doctors (like their American counterparts) continue to recommend drugs.

Drugs with side effects such as reduced sex drive, tender or enlarged breasts, retrograde ejaculation (the semen shoots back into the bladder) and impotence.

And if a TURP is recommended - that's the main surgical procedure - you will most likely become infertile and run the risk of less enjoyable sex, impotence, and incontinence.

Yet 40,000 men go through surgery each year. Many only discover these unpleasant truths after the damage is done. And by then it's too late ...

it can't be reversed.

True, factsheets are given to men before they are operated on, but the information they contain is often in direct conflict with their own experience.

22 out of 25 different factsheets discuss surgery as if it is inevitable and always effective.

Not true!

All of them understate post-operative problems - only one mentions the possibility of death. 11 suggest there will be no change in sexual potency. None warn about probable changes in sexual sensation.(1)

When men are fully informed of the risks they face, most choose to put off the operation.(2) And who can blame them?

Don't us men deserve better than this? Haven't we been kept in the dark for too long? Shouldn't we be told the truth, the whole truth about prostate treatments?

Thankfully, you can avoid the threat of drugs and surgery.

You can maintain interest in sex, get an undisturbed night's sleep, enjoy social outings and keep your dignity, thanks to a new natural alternative now available.

## **Relieve - even reverse - prostate enlargement**

It's called Proslan. It contains the best nature has to offer to save your prostate from the surgeons knife. If you start now, you can avoid drugs and the threat of TURP. You can relieve - even reverse - prostate enlargement with all its uncomfortable symptoms.

And because it comes from the Nutri-Health family of health supplements you can be assured of the highest quality and value.

In fact, Nutri-Health supplements have such a high reputation they are the first choice of many health professionals.

*"In my experience as a Health Practitioner I find Nutri-Health products are very good, and work well with excellent results. In particular I've seen excellent results from Proslan. I think it is brilliant.*

*I find Proslan can work so efficiently on people that they need nothing else to compliment or enhance it.*

*My patients stay on Proslan throughout the whole of their prostate treatment, and have seen excellent results."*

**S. Fuller D Hom FIGM - Sleaford**

If you live long enough it's almost certain you'll experience prostate problems. By the time you're 50 there's a 50:50 chance you'll be affected. This quickly rises to 75% for men over 60 and over 90% of men over 80. One in eleven men will be treated for prostate cancer.

Untreated prostate conditions can cause serious damage to the bladder and kidneys.

It can even be...

fatal. That's why it's so important to act now, before lasting damage is done and surgery becomes unavoidable.

Too many men put off treatment until it is too late. Don't let that happen to you.

## **You can avoid drugs and surgery**

This report will highlight proven natural remedies. These remedies - all found in Proslan - enable you to avoid drugs, surgery and the hidden problems that go with them. Problems your doctor is reluctant to tell you.

If you have any of these symptoms now or want to prevent them blighting your life in the future, this report is for you:

- Y passing urine frequently
- Y night time visits to the bathroom
- Y reduced urine flow
- Y pain when urinating
- Y sudden, urgent need to visit the w.c
- Y slow to begin urination
- Y dribbling
- Y feeling the bladder is still not empty
- Y incontinence

*"Until I heard of Proslan I had experienced discomfort when passing water and had come to accept frequent nocturnal trips to the bathroom as unavoidable. Since taking Proslan I no longer experience these symptoms and as I now enjoy uninterrupted sleep my quality of life is much improved.*

*Thank you Nutri-Health for the time and effort you have put into developing this wonderful, natural health product."*

**Peter Sartin - Cleveland**

I'll also report on how Proslan can improve your sexual health and reduce the risk of prostate cancer. But first I want to tell you about nature's remarkable solutions to the problem of prostate enlargement and the distressing effects it has on your urinary tract. Each can give significant relief on their own. But when used in combination, the effect can be quite dramatic.

## **Overnight trips to the bathroom reduced by up to 74%**

Saw Palmetto is proven effective at treating all major prostate symptoms.

In fact, the US Pharmacopoeia has recognised the berries of this small American palm tree, as a remedy since 1905. Many studies demonstrate striking improvement in those taking saw palmetto compared to those taking a placebo (dummy pill).

In one, men reported urination was less painful, trips to the bathroom were reduced by up to 74% during the night, and by 43% during the day, and urine flow rates improved by up to 50%.(3)

Recently, America's leading medical journal published a review of 18 scientific studies covering 2,939 men comparing saw palmetto with a popular prescription drug. It concluded that saw palmetto "produces similar

improvement in urinary tract symptoms and urinary flow and was associated with fewer adverse treatment events."(4)

No wonder so many European urologists choose saw palmetto for their patients and reject a drug which is no more effective and can lower libido, cause ejaculation disorders and impotence.

That's why the worlds leading authority on herbal medicine, the German Commission E, recognises this herb as a treatment for prostate enlargement.

What a tragedy British (and American) doctors aren't taught the value of herbal medicine, so they could give *their* patients the best possible treatment.

*"Of the various products on the market for prostate problems, I must say that Proslan has given me the greatest relief yet. Since taking the product my problems have disappeared and I am no longer making trips to the toilet in the small hours. I would recommend them to anyone with prostate problems."*

**John Webster - Matlock**

## **For one in three men, the prostate returns to normal size**

Glutamic acid, L-alanine and glycine, are normal constituents of protein foods. Yet their effects on the prostate are impressive.

40 men with enlarged prostates took a capsule of these amino acids each day for several months. 38 of them saw shrinkage. In a third of them the prostate returned to normal size.

There were sizable improvements in symptoms too.

- 95% made less overnight trips to the bathroom
- 71% paid less visits during the day
- 70% had a reduced delay when starting to urinate
- 81% had less urge to dash to the toilet(5)

This study was repeated 4 years later with equally impressive improvements compared to those taking a dummy pill.(6)

## **The Swedish answer to prostate problems**

The protein, plant hormones and fatty acids found in bee pollen, benefits prostate health by it's anti-inflammatory and muscle relaxing actions. This makes it a very popular remedy in Scandinavian countries.

69% of 60 patients saw an improvement in their condition. The investigators concluded that pollen benefits men with symptoms of an enlarged prostate.(7)

In another, the researchers concluded that "pollen extract has totally beneficial results combining the contractile effect on the bladder and the inhibiting effect on the urethra."(8)

## **Prostates shrink with zinc**

Zinc is highly concentrated in the prostate and has a deserved reputation as a sex stimulant. Only a marginal deficiency affects testicular function, fertility and potency.

You cannot afford to be short on zinc, yet most men are, especially ...

those with prostate enlargement, since zinc absorption is reduced. Even worse, a typical diet only contains 10 milligrams a day, yet the Recommended Daily Allowance is 15.

It is needed as part of an enzyme which helps prevent the conversion of the male hormone testosterone to another hormone, DHT. DHT is one of the reasons the prostate grows in size.

14 out of 19 men given zinc saw their prostates shrink in size.(9)

### **An alternative to viagra**

Long used as an aphrodisiac and tonic in the Orient, panax ginseng contains properties which can enhance testosterone, improve absorption of zinc and decrease prostate weight if used regularly.

Recently, it was recommended as an alternative to viagra. "Panax ginseng is a safe, widely available alternative remedy that improves patients' ability to achieve and maintain an erection."(10)

### **Reduce your risk of prostate cancer**

No prostate formula would be complete without facing up to the reality of prostate cancer. This is expected to be the leading cause of cancer-related deaths in men by 2010. For this reason several nutrients have been added to the Proslan formula to offer protection against this killer disease.

The first is Vitamin E. This is an important antioxidant which protects against cellular damage. Recent research found 32% fewer cases of prostate cancer in men taking vitamin E supplements and 41% fewer deaths.(11)

A wonderful side effect of this vitamin is it helps dilate blood vessels, including those supplying the penis, and so may help assure a good, firm erection. It is reported to raise sperm count and volume of semen. This vitamin is very important to the sexual system.

And the recent discovery that lycopene - the powerful antioxidant which gives tomatoes their red colour - protects against prostate cancer, is one of the most important in years. A decade long study of 47,000 men found those who consumed foods containing tomatoes at least twice a week lowered their risk of prostate cancer by 24-36%.(12)

*"I have been taking Proslan for nearly 2 months now, and the improvement in my condition is quite noticeable. In the past I have tried various herbal remedies, none of which has made any difference. Prior to taking your product I became quite sceptical, wondering if anything would work, and was pleasantly surprised by the effect of Proslan. Thank you.*

**S Wilkinson - Gosport**

<b>Proslan - Ingredients per tablet</b>					
Saw Palmetto	71mg	L-Alanine	44mg	Zinc monomethionine	3.8mg
Vitamin E	65mg	Tomato Concentrate	33mg	Vitamin B6	3mg
Bee Pollen	56mg	Panax Ginseng Root	6mg	Beta carotene	500mcg
Glutamic Acid	44mg	Silica	6mg	Copper gluconate	300mcg
Glycine	44mg				

Other nutrients included in Proslan are chosen to help promote prostate health. Over a dozen herbs and nutrients in all. Each one designed to shrink the prostate in size or weight, or protect against cancer.

Individually, the relief they provide will help you to some extent, but it is their combination, the use of the finest raw materials and carefully calculated dosage which makes the difference.

That's why so many men put their trust in Proslan to maintain prostate health. Men who can now sleep through the night, go on outings with confidence, and maintain a healthy sex life. Men who have put the fear of drugs and surgery behind them.

## **Special Introductory Offer - Save up to 25%**

The usual price of Proslan is £19.95 for one month's supply (one bottle of 90 easy-to-swallow tablets). However, if you place your order within the next 14 days you can take advantage of some considerable savings: 1 bottle will cost only £16.95 (saving £3), 2 bottles cost £32.90 (saving £7) and 3 bottles cost only £44.85 (saving £15, that's 25% off the normal price).

## **Your satisfaction is guaranteed**

We are so certain you will see a benefit in your condition, we offer you a no risk, money back guarantee. If you do not see an improvement in your symptoms; if you do not experience a better quality of life as a result of taking Proslan for the next 21 days, your money will be returned in full without quibble. No questions asked.

To order, just fill out the enclosed form and pop it in the Freepost envelope or phone our Central Orders Department now on 01243 775992

Your sincerely,

David Miles  
Product Manager  
Nutri-Health International

P.S. Don't forget you have absolutely nothing to lose. You are fully protected by our no quibble, no risk, money back guarantee. And if you order within 14 days you can claim up to 25% discount off the retail price.

### **References to the medical literature used in this special report on prostate disorders and the proven natural solutions available.**

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From the desk of Dr G Wenteler MSc., DSc., Hed., MPS

Dear Sir,

Most men are under the impression that prostate problems are inevitable and there's nothing to be done except grin and bear it. Or face the prospect of drugs or surgery, risking impotence and incontinence.

Well I want to assure you that nothing could be further from the truth.

The fact is there is *much* that can be done and is *being* done to reverse prostate enlargement with all the uncomfortable and embarrassing symptoms it creates.

There are a number of reasons for this growth - mainly hormonal changes that come with ageing - but most can be tackled by using a combination of remedies provided by nature.

Each remedy works on different aspects of the problem, so most men will experience a noticeable improvement in their condition within weeks.

All this is in the published medical literature. It was just a question of applying it!

A considerable amount of research went into the development of Proslan to make it the most effective men's supplement available, and the praise it has received has more than met our expectations.

Since your satisfaction is guaranteed, I recommend you give Proslan a try and enjoy the protection and relief that so many other men have experienced.

Yours sincerely,

Dr G Wenteler MSc., DSc., Hed., MPS  
Chief Pharmacist  
NutriHealth International

# “At last I am going to bed and sleeping through until the morning”

## **Sleep Soundly**

“Thank you. Thank you. Thank you. At last I am going to bed and sleeping through until the morning, instead of having to make two or three trips to the bathroom throughout the night.

As I am 59 years old, this is something I didn't think possible, but since taking Proslan I sleep undisturbed.”

**John Dawson - Selby**

## **Travel in Comfort for Hours**

“I am most grateful for recommending me to try Proslan for the very distressing problems caused by an enlarged prostate for the past 5 years.

My GP has sent me to a Urology Clinic for cancer and scan tests during this time.

After 3 months of taking 2 tablets per day I can sit in a car or holiday flights for 4 hours in comfort and get through the night with only one or two visits to the toilet. My quality of life has been transformed by taking your advice.”

**W Lawton - Lincoln**

## **Sleep 9-10 Hours Each Night**

“Thank you for introducing me to Proslan. After 6 weeks I stopped getting up at night and I now sleep 9-10 hours a night.

I'm now 70 years of age and very active. I work 4-5 days a week as a self-employed farrier. I also do many miles of cycling in preparation for an 800 mile sponsored ride across South America, so you see that sleep is very important to me. Thank you again for your help.”

**John Parry - Anglesey**

## **Cancel Surgery**

“I really felt now was the time to put pen to paper to say a really BIG thank you for introducing me to your excellent product Proslan.

I had all the symptoms associated with prostate problems and having reached 65 and retired I was not really looking forward to having to go for any surgery. But about halfway through the second bottle I began to notice an improvement, having made a repeat order. And now just starting my fourth bottle the improvement continues. My thanks go to you all at Nutri-Health.”

**P Sayer - Beckenham**

## **No More Wet Clothes**

“After some 3 DAYS there was an improvement, and now nearly back to normal. After years of suffering with doctors only suggesting various kinds of items to fit - catheters, sheaths and the like, this is nothing short of a miracle - no wet clothes, beds, cushions and the like.

Thank you very much, but where have you been all these years. Once again heartfelt thanks from the whole family. I'd recommend Proslan to anyone.”

**Winston Parry - Maesteg**

## **Urinate Freely Again**

“I really must thank you for an excellent product called Proslan.

I have suffered problems with waterworks for the last 3 years. There was a time when I could not pass water, and had to have an emergency operation to release myself. I even thought that I would have to have a major operation. But because of my heart condition it was called off, so I was left to struggle with it.

But after using your wonderful product I am now able to release waste water freely, and not having to go to the toilet half a dozen times. Once again, I thank you.”

**John R Jones - Matlock**

## **No More Discomfort**

“I find much benefit and peace of

mind in taking Proslan, and would wholeheartedly recommend them to anyone else suffering the same discomfort as myself. I can't praise them enough.”

**C Nicholls - Nuneaton**

## **Uninterrupted Sleep**

“Until I heard of Proslan I had experienced discomfort when passing water and had come to accept frequent nocturnal trips to the bathroom as unavoidable.

Since taking Proslan I no longer experience these symptoms, and as I now enjoy uninterrupted sleep my quality of life is much improved.

Thank you Nutri-Health for the time and effort you have put into developing this wonderful, natural health product.”

**Peter Sartin - Cleveland**

## **No More Nightly Trips to the Bathroom**

“Of the various products on the market for prostate problems, I must say that Proslan has given me the greatest relief yet.

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I would recommend them to anyone with prostate problems.”

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## **Noticeable Improvement**

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