

“Do you have arthritis? If you do, you’re *less than 21 days* from more pain relief, greater mobility and increased independence than you’ve known in years.”

“I cannot credit the change in my condition. I no longer need painkillers, the pain has gone”

James Marsh - Stockton-on-Tees, former sufferer

Dear

As the Product Manager for NutriHealth International, I get many requests for help. And together with my team, we assist whenever we can. But when my customers asked me to recommend a natural remedy for joint pain, I must admit I was a little hesitant.

You see, I assumed arthritis was a ‘wear and tear’ condition - a normal part of ageing - something you just had to put up with.

Sure, I was aware of a few helpful things you could take, like cod liver oil. But nothing that made a marked difference. Nothing I could recommend with confidence.

So at first I dismissed the possibility.

But as I received more and more requests from people desperate for relief, I kept asking myself...

- Y Was there an effective remedy for arthritis?
- Y Was it possible to relieve pain without using drugs?
- Y Could joints become more flexible, to give people greater mobility and independence in their lives?

After all, thanks to new findings in nutrition and the rediscovery of plant medicines, practical help is now available for many other problems. Indeed, we produce many of these ourselves. So maybe there was an answer to this terrible hardship that comes with ageing.

I immediately contacted our research department and spoke with Dr. G. Wenteler, our chief pharmacist.

What he told me came as a surprise....

"Yes, David, there's been a recent breakthrough in the treatment of arthritis. Doctors in Europe are getting incredible results with a safe, new, combination remedy. The surprising thing is, it doesn't just cover up the pain like drugs do - it can actually improve the structure of the joints."

Incredible! What was this remedy? Why hadn't I heard about it? And why weren't doctors using it here?

Arthritis can be slowed, stopped, or even reversed!

He went on to say many doctors now believe arthritis is not a normal part of ageing but is a *disease process* that can be slowed, stopped or even reversed.

Yet this treatment was virtually unknown to the English-speaking world. Physicians in Europe and Asia were prescribing it with great success, while doctors here in the UK knew nothing about it.

At last I had something I could recommend. A well researched, proven remedy for arthritis. To give safe pain relief was remarkable in itself, but a remedy that could alter the course of the disease; that was extraordinary. *No drug could do that.*

This was something that couldn't wait. Since the remedy wasn't available here, and could only be obtained with great difficulty, our only option was to manufacture it ourselves.

I asked Dr. Wenteler and his team to come up with the best arthritis treatment possible.

A remedy not only containing this special combination, but other nutrients known to protect and nourish the joints, as well as safe anti-inflammatory components.

And that's just what our Research and Development team did. They created a product called Flex 2000.

And thanks to them, (and the persistence of our customers), I am proud to say people now lead more active and independent lives in over 60 countries around the world. People like...

Lesley Woodcock of London, England:

“Now the pain.....is almost non-existent.”

"I was eager to try Flex 2000, as in the past I have had operations on both feet due to Arthritis problems, suffered with serious pain and stiffness in my left thumb after a fall, and six months of pain in my left arm, possibly due to repetitive strain injury.

Now the pain in my thumb and left arm is almost non-existent. After only 4 days the pain had abated considerably and now is only present if I forget to take the tablets! I have not had any stabbing pains in my feet since taking the tablets. Many thanks for the brilliant work you are doing."

Arthritis pain can now be relieved using a natural, proven remedy

Since Flex 2000 was developed several years ago, word of these two key components has spread. Now an impressive amount of medical research supports their value.

Yet remarkable as they are, even when used as prescribed, they may not be enough. I'll explain why later.

The first is called glucosamine. Produced naturally in healthy bodies, glucosamine helps build new cartilage, the protective gel-like padding that cushions the ends of your joints.

In arthritis, your body fails to produce enough glucosamine; cartilage gets worn away causing your bones to scrape against each other. This is what gives you pain.

It's not 'wear and tear, it's a cartilage disease.

A disease now treatable by natural means.

You don't get glucosamine from your diet. Your body has to make it. If it's not making enough, your joints are in trouble. The exciting news is, you can take it as a supplement to make up the shortfall.

Joints begin to heal within weeks

Recently one of the world's most esteemed medical journals - *The Lancet* - described glucosamine treatment as "impressive" with "significant improvements in pain and disability."¹

And it's no wonder. X-ray evidence revealed joints were healing.

Nothing like this had ever been seen before. This was an astonishing breakthrough!

Other medical scientists are just as enthusiastic -

It provides "significant improvements in the symptoms of pain, joint tenderness and swelling, as well as in restriction of movement"²

"first choice for the basic treatment of patients with

osteoarthritis"³

*"appears to rebuild the damaged cartilage"*⁴

*"manages most arthritis patients to full or partial recovery, whatever the localisation of their arthritis"*⁵

These remarkable results come from using glucosamine alone. But it doesn't stop there...

The second joint healer is called chondroitin. It's found in our bodies and we get some in animal foods (especially if you chew on gristle around the joints). It works by stopping cartilage from breaking down prematurely and helps build new cartilage.

If you have arthritis, you're almost certainly not making enough chondroitin.

There is much excitement about this too.

It can bring about *"a considerable improvement in both pain and mobility."*⁶

*"chondroitin sulfate was well-tolerated and both significantly reduced pain and increased overall mobility"*⁷

Glucosamine often brings sizeable pain relief and improved mobility on its own. The same holds true for chondroitin.

Used together they provide the most effective treatment yet discovered in the fight against arthritis.

"...I can now lift my arms..."

"I started taking Flex 2000 in January. My arthritis was so bad then I could not lift my arms sideways or above my head. Happy to say I can now lift my arms round the back of my neck which I have not done for years."

D Allgood, Cambridge

"...great relief from pain..."

"I have taken Flex 2000 for little over a month. I suffer really badly with osteoarthritis. In that month I have had great relief from pain and have even started walking a little."

J V Platts

"I can sleep well..."

Melvin Khub Dass from Southall Middlesex had arthritis in his knees and was unable to sleep at night - until he took Flex 2000.

"I can sleep well and I can walk properly. I want to thank you for your help and may God bless you."

Relieves Inflammation Fast

While glucosamine and chondroitin are hard at work healing your damaged cartilage and building healthy new cartilage, your joints need safe ways to combat inflammation, otherwise you may still remain in pain. Flex 2000 contains...

the best mother nature can offer to reduce pain and swelling.

- Y **White Willow Bark.** Used for hundreds of years in Europe and China to relieve pain and inflammation.
- Y **Turmeric.** Has a long history of use in Chinese and Indian medicine to treat rheumatism and ease inflamed tissues.
- Y **Ginger.** Best known as a treatment for nausea. Also used by Herbalists to bring down pain and swelling.
- Y **Cat's Claw.** Used among native-born people of the Amazon rainforest for centuries to overcome health problems including arthritis.
- Y **Beta-Sitosterol.** This plant extract relieves swelling and inflamed tissues.

As effective as glucosamine, chondroitin and anti-inflammatory herbs are, they cannot solve every problem that comes with arthritis.

You see, cartilage is very complex tissue. Healthy joints need many nutrients. That is why Flex 2000 contains 7 essential vitamins, minerals and other extracts of particular importance to the health of the joints.

There isn't enough space in this short report to go into details, but rest assured each of the 7 is chosen for its ability to prevent joint damage and assist cartilage formation. Their presence is vital if glucosamine and chondroitin are to do their jobs effectively.

What Makes Flex 2000 The Ultimate Arthritis Supplement?

Flex 2000 contains an abundance of all-natural ingredients which feed and build cartilage, protect joints against damage, reduce inflammation and relieve pain. Its unique formula offers the finest, most advanced defence against arthritis.

Oh, by the way, there is something else you should know. Cartilage is very thirsty for water. In fact, cartilage is mainly made of water. This allows their slippery surfaces to glide easily over each other. Without enough water, friction damage can occur. For this reason we recommend you drink a full 6 - 8 ounce glass of water with each Flex 2000 supplement.

I know this may be a disappointment to you. Like many, you may not enjoy the bland taste of water. But it is so important to avoid dehydration. Even if you choose not to take Flex 2000, I strongly suggest you drink several glasses of water a day. Not just for the good of your joints, but for your overall health.

Your Joints Will Thank You

Every week I hear the many ways Flex 2000 has changed lives. People who can now walk up and down stairs, dress themselves without help, sleep comfortably, bend their legs, lift their arms, and so much more. People who now enjoy a new, less painful, more independent life.

And pain relief comes quickly too. Usually within 3 weeks.
Sometimes within days.

All this is available to you with an all-natural combination of nutrients and herbs proven to help repair damaged joints and rebuild new

cartilage. And to do so safely, and with no side effects.

Flex 2000 - 14 Healing Nutrients. Ingredients per tablet

Glucosamine HCL	400mg	Grape Seed Extract	30mg	Cats Claw	20mg	Zinc	7½mg
Chondroitin Sulphate	200mg	Beta-Sitosterol	20mg	Vitamin E	10mg	Manganese	2½mg
Vitamin C	60mg	Ginger	20mg	Silica	10mg	Copper	1mg
Turmeric Extract	30mg	White Willow Bark	20mg				

Special Introductory Offer - Save up to 25%

The usual price of Flex 2000 is £19.95 for one month's supply (one bottle of 60 easy-to-swallow tablets). However if you place your order within the next 14 days you can take advantage of some considerable savings: 1 bottle will cost £16.95 (saving £3), 2 bottles cost £32.90 (saving £7) and 3 bottles cost only £44.85 (saving £15, that's 25% off the normal price).

You're Fully Protected By Our 100% Money Back Guarantee

Your satisfaction is assured by our 100% no-risk money back guarantee. I want you to try Flex 2000 risk free. If you are not delighted with the extent of your pain relief, increased mobility and greater independence, then your money will be cheerfully refunded. No questions asked. What could be fairer?

So act right now. Fill out the enclosed order form and send it in the Freepost envelope, or place your order over the telephone. In less time than you would believe, you could join the thousands of others who now enjoy "a complete change of life".

Sincerely,

David Miles
Product Manager
NutriHealth International

P.S. Don't forget you have absolutely nothing to lose. You are fully protected by our no quibble, no risk, money back guarantee.

Medical References demonstrate the benefits of the key nutrients found in Flex 2000

1. McAlindon T *Glucosamine for Osteoarthritis: dawn of a new era?* The Lancet Vol. 357 No. 9252 p. 247 2001
2. Pujalte J et al. *Double-blind clinical evaluation of oral glucosamine sulphate in the basic treatment of osteoarthritis.* Cur Med Res Opin 7:2;110-114 1980
3. Pujalte J et al. *Ibid*
4. Drovanti A et al. *Therapeutic activity of oral glucosamine sulphate in osteoarthritis: a placebo-controlled double-blind investigation* Clin Ther 3:4;260-272 1980
5. Tapahindas et al. *Oral glucosamine sulphate in the management of arthrosis: report on a multi-centre open investigation in Portugal.* Pharmatherapeutica 3;157-168 1982
6. Oliviero U et al. *Effects of the Treatment with Matrix on Elderly People With Chronic Articular Degeneration.* Drugs in Experimental and Clinical Research 17 (1): 45-51 1991
7. Uebelhart D et al. *Effects of Oral Chondroitin Sulfate on the Progression of Knee Osteoarthritis: A Pilot Study.* Osteoarthritis and Cartilage 6 (supp A) 39-46 1998

From the desk of Dr G Wenteler MSc., DSc., Hed., MPS

If you have osteoarthritis, your future is looking so much brighter than it was just a few short years ago. Recent breakthroughs in the understanding of this condition give new hope for sufferers. Effective treatment is now available as knowledge of the cartilage matrix, and what goes wrong with it, becomes better understood.

I and my colleagues researched and gathered together many of the known raw materials cartilage requires for it to grow normally and healthily. Then we added anti-inflammatory herbs. We put these 14 nutrients and herbs - all high quality, pharmaceutical grade - into a supplement to be taken daily. It is called Flex 2000.

The results speak for themselves. Flex 2000 has greatly improved the quality of life for thousands of people with osteoarthritis all over the world.

The previous option was non steroid anti-inflammatory drugs. While they certainly have their place, and can be used safely for short periods, the side effects of using them long term are well known. In fact in the UK up to 2000 deaths a year are attributed to them.

That is why I am so pleased with the growing recognition of natural therapies, some of which have a very long tradition in healing.

Even the medical journal *The Lancet*, recently stated that "many nutritional products may have valuable therapeutic effects."

If you suffer with arthritis yourself, I strongly urge you to give Flex 2000 a try. I am biased of course, being responsible for its development. However, NutriHealth who sell this product by mail order, will confirm they receive a constant stream of unsolicited testimonials attesting to its benefits.

David Miles, the product manager of NutriHealth is not only offering a discount for first time users, but offers a money back guarantee. So I do hope you take him up on his offer, since you have nothing to lose (except your pain).

Perhaps in the near future *your own* testimonial will be passed on to me. I do hope so, as I can think of nothing that would delight me more.

Yours sincerely,

Dr G Wenteler MSc., DSc., Hed, MPS
Chief Pharmacist
NutriHealth International

"I can bend my legs like I used to years ago."

Dance For Hours

"About 2 years ago I started to suffer with Arthritic Knees, and my condition deteriorated so that I was continuously taking pain-killers, and appraising the viability of replacement joints.

Since taking Flex 2000 I cannot credit the change in my condition. I no longer need painkiller, the pain has gone. The swelling of the joints has subsided, and my mobility is returning. I can walk up and down stairs without crawling.

Most of all I can walk comfortably, and most days walk my dog for up to 5 miles! To celebrate New Year's Eve, I went to a formal dinner dance, and was able to dance the night through until 5 am. A complete change of life thanks to Flex 2000."

James Marsh - Stockton-on-Tees

Dress Without Help

"I can tie my shoelaces and put on my tights without help."

M Byers - Dumfries

Sleep Without Pain

"I wish to express my sincere appreciation for this wonderful product.

Last August I suffered with a frozen shoulder and ... was also suffering with a very painful right thumb and right wrist which was diagnosed by the specialist as arthritis.

For a couple of months it gradually got worse and I was unable to comb or wash my hair without assistance, dress myself or to sleep properly without constant pain.

After my 3 months treatment [with Flex 2000] I can honestly say I no longer have any pain and my frozen shoulder has almost completely disappeared. My wrist is completely better and the swelling in my thumb has almost gone. I can now sleep without pain.

I will take this product, I am sure, for the rest of my life knowing that it gives me a far better quality of life

and I thank you very sincerely for Flex 2000."

Margaret L Holmes - Southampton

Walk Without Pain

"I had been taking Glucosamine & Chondroitin tablets for a considerable time but they were doing me no good at all. After taking Flex 2000 for just one month I began to feel the benefit, and today I have just completed my second month. The difference I have found in the last 3-4 weeks is unbelievable - I can walk without pain in my legs, I can bend my legs like I used to years ago and also other limbs seem more supple.

Many, many thanks for making everyday chores within my reach and freeing me from pain."

J B Young - Wotton

Knee Flexibility Returned

"On November 2, having sent for a trial supply, I started on Flex 2000. Within 2 weeks I was very much aware of an improvement in my knee-movement. A flexibility that I had lost was beginning to return. Prior to November in no way could I lift my foot off the floor and during the day and evening I had to spend quite a lot of time with my leg supported on a low stool - all painful, frustrating and a great aggravation. It is now some 2 months of taking a daily dose of Flex 2000 and I must report to you how very much improved my knee is, undoubtedly, in my honest opinion, entirely due to Flex 2000."

Mrs Shirley Dulson - Bolton

Fingers - Pain Free

"Flex 2000 has helped my arthritic problems tremendously. I was very sceptical when receiving my first supply of tablets that they would ease the pain and swelling in my fingers - but for the first time in months, they are virtually pain free! I still cannot believe that within a week there was such a marked improvement."

Christine Lehind - Wychbold

Do More Work Around The Home

"I bless the day when I received your leaflet. It has started to change my life. I feel it gives me a big lift and I am more flexible. I can walk further and also do more in my home. It has helped with the osteoarthritis in my back and my knees, also my feet. So many thanks for giving me a new less painful life."

Mrs J Jones - Wrexham

Knee 100% Better

"My knee is 100% better. The pain I had when I turned over in bed was horrendous. It made me cry. But after 3 weeks of taking the tablets I feel so much better."

Mrs J Lucus - Malvern

Greater Flexibility

"More good news about Flex 2000, it really is doing just what it says on the bottle. I'm definitely feeling more flexible than I did a month ago!! What an amazing product."

Michael Burkett - Portsmouth

Swelling Down, Pain Eased

"I am so grateful and pleased by the results of Flex 2000 I just had to tell you. My wife broke her leg and ankle bones many years ago and has suffered ever since with a swollen ankle and painful walk. Since taking Flex 2000 the swelling has reduced and the pain eased.

But we also have a large Golden Retriever called Amber, clocking in at 13 years of age who had lost interest in life, just lay around, could hardly stand or walk and I thought quite honestly the end was in sight. One of my policies in life has always been, nothing ventured, nothing gained, we decided to try Amber on Flex 2000.

I just wish you could see her now, barking again, wagging her tail, ready for walks, I just can't believe it, I have a new dog. Being such a large dog I give her one tablet in the morning, and a second in the evening. It has worked wonders for amber and I am very grateful."

The Reverend Adrian Butt - Notts